

PARAGON PAIN & REHABILITATION, LLP

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EMG/NCV

You are being scheduled to have an EMG/NCV Test (Electromyography Nerve Conduction Velocity).

It is VERY important that you DO NOT use LOTION on the areas of the body on which the test is to be performed.

- 1. Bath the night before and DO NOT PUT LOTION ON.**
- 2. Bath the morning of your appointment and DO NOT PUT LOTION ON.**
- 3. Wear comfortable clothes to the appointment.**
 - a. Back/Lower Extremity- You will be asked to put on shorts or gown**
 - b. Upper Extremity- You will be asked to put on gown.**

This test typically takes one hour and you can take your medications as normal and do not need transportation.

Please remember if you do apply lotion you may have to reschedule your appointment as it is highly likely the test will not be able to be performed.

If you have any questions please feel free to call our office.

Thanks